

## **A Prayer after Confession**

O you holy Angels and Saints, praise the Lord!

Praise the Lord, my dear heavenly Mother Mary!

My sins are forgiven. God has pardoned all of them. I am His child again.

O my God, may You be praised for ever and ever.

May your Mercy and goodness be exalted for all eternity.

To show my thanks to You, O my God, I consecrate myself entirely to Your service, and make a firm resolution to love You above all things and never to offend You again.

Add to the graces You have already given me, this one: that I may keep the holy promises, which I have made.

O Mary my Holy mother, help me to do son.

St. Joseph, my Holy Angel, and all you Saints, pray for me.

Amen.